



Trumbull Treks




Park Address
Brock Street
Trumbull, CT 06611

Distributed by:
 Trumbull Health Department
 335 White Plains Road
 Trumbull, CT 06611
 (203) 452-1030
www.trumbull-ct.gov/THD



Public Health
 Prevent. Promote. Protect.
 Trumbull Health Department

**Twin Brooks
 Park & Beach
 Memorial Park**

TWIN BROOKS PARK & BEACH MEMORIAL PARK

AMENITIES

Paved walking, running, and hiking trails

Parking available (permit only)

Playground and swing set

Dog-friendly (on leash)

Multi-purpose field

Wildflower fields

Swimming area

Nature ponds

Sledding hill

Picnic area

Ice skating

Restrooms



DEDICATION OF ROBERT G. BEACH MEMORIAL PARK, TRUMBULL, CONN. MAY 28, 1950
Reading from L to R: Trumbull Park Commissioners Elwood C. Stanley, Daniel F. Wheeler, Francis J. Sheehan, Philip H. Crandon, E. Merrill Beach, Charles I. Lewis, Robert B. Davis

PARK HISTORY

Twin Brooks: Purchased from the Outhouse family in 1961, this site provided a gravel supply for many local and municipal projects. The parcel was dedicated as a Town park in 1975. Once dedicated, the Town and its Park Commission increased efforts to develop a natural swimming area. This natural area, with its scenic overlooks, has been dedicated as the Town's 'Ecology Park', and community organizations have joined together to develop this natural basin of the Pequonnock River.

Beach Memorial: The original land was donated by E. Merrill and Florence Beach in 1946 in memory of their son, Robert Greening Beach. This park is dedicated to the 22 men of Trumbull who gave their lives during World War II. This woodland park boasts several miles of nature trails through wooded areas of scenic and educational interest.

*Historical narrative from the Trumbull Park Commission.
Historical photos from the Trumbull Historical Society.*

SAFETY FIRST

Walking is good for your health and for the environment, too. Before you head outside for a walk, please remember these important safety tips for walking on roadways and within parks:

- Cross the street at a designated crosswalk or intersection whenever possible.
- Increase visibility at night by carrying a flashlight and wearing reflective clothing.
- Walk on a sidewalk if one is available. If a sidewalk is not available, walk on the shoulder and face oncoming traffic.
- Avoid distractions such as electronic devices that take your attention off of the road.

Source: Centers for Disease Control and Prevention



Special thanks to the **American Heart Association** for their support!

